

VISION QUIZ

TRUE OR FALSE?

1. If I have 20/20 vision, I can't have a vision problem. T/F

False. A person with good eyesight may be able to read the 20/20 line, but visual problems can occur if he lacks the ability to get meaning and understanding from what is seen.

2. Vision is learned. T/F

True. Research at the Gesell Institute tells us that children are not born with "normal" vision, they must learn to see.

3. All children are ready to read at age six. T/F

False. Visual abilities develop as a child matures. The child that develops slowly may not have the visual skills to read at six.

4. Eyesight is hereditary. You can't do anything about it. T/F

False. Environmental demands (reading, VDT's, TV) can create stressful situations which may alter vision in a healthy eye.

5. Visual problems can affect a person's self esteem and hinder success. T/F

True. A person may have the intelligence to succeed, but without the proper visual skills needed for comprehension and learning, he will experience repeated failure, leading to lack of self esteem.

6. Surgery is the only way to correct strabismus (a turned eye). T/F

False. Vision Therapy can go beyond making the eye look straight. A person can regain the use of the two eyes together as a team and develop depth perception. Surgery is generally a cosmetic cure.

7. Amblyopia (lazy eye) cannot be corrected after age seven. T/F

False. Neurophysiologists have proven that there is no critical age for amblyopia. However, delaying therapy may increase the amount of therapy needed.